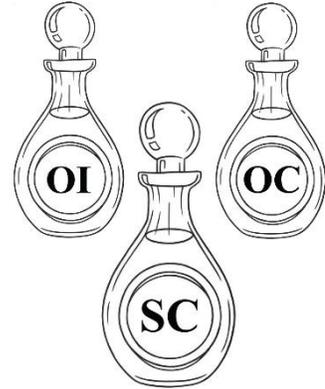


SACRED CHRISM & HOLY OILS



What do I need to bring to the annual *Blessing of Oils and Renewal of Commitment to Ministry* Liturgy (The Chrism Eucharist of Holy Week)?

In 2026, this special service takes place as part of the Clergy Day (10am – 3pm) on Tuesday March 31.

The Chrism Eucharist Liturgy (which is open to clergy and laity) will start at 1pm in St Paul's Cathedral.

Clergy and/or parish representatives should please bring clean vessel(s) or small bottle(s) for each type of oil you'd like to take back to your parish. There will be a limited supply of bottles available on the day for those unable to source their own.

There are 3 types of oil:

- | | | |
|-----------|-------------------------------|------------------------------|
| OI | = <i>Oleum Infirmorum</i> | - Oil of the Sick |
| OC | = <i>Oleum catechumenorum</i> | - Oil of Catechumens/Baptism |
| SC | = <i>Sanctum chrisma</i> | - Sacred Chrism |

How do I dispose of last year's oils?

Each year, once the Bishop has consecrated a new supply of holy oils, any left over holy oils should be appropriately disposed of and only new oil used.

Last year's oils should be poured onto the earth or burned.

Containers for the oils – if being re-used - should be washed thoroughly using hot soapy water, and the water appropriately disposed of either in a piscina or by pouring it onto the earth.

How can I replenish holy oils during the year?

Holy oils are available throughout the year by contacting the Cathedral Office.

Phone: (306) 522 6439

E-mail: office@stpaulsregina.ca